Principal News
Mary Poppins – NEXT WEEK!

Our school production of Mary Poppins takes place NEXT WEEK Thursday 3 September at Richmond River High School.

All students should arrive at 5.30pm ready for a 6.00pm start. Tickets for our school production, ‘Mary Poppins’ are available from the school office. This year’s production includes items by every Class or Stage, meaning EVERY child from Kindergarten to Year 6 will perform on the stage. Ticket prices are $5 for an adult, $2 for children Under 16, and toddlers sitting on laps are FREE.

Our P&C are running a canteen on the evening. Hot food is being served before the show and during the interval. A pre-order form has been sent home with the students this week. This is to ensure students and their families can have dinner before the show commences. **Dinner will be available from 5pm.** Please return the order form and money by Monday 31 August.

Light snacks and drinks will also be available to order over the counter at the interval. The canteen will be closed during performance time. We look forward to seeing you there – it promises to be a GREAT SHOW!

Busy, busy, busy Canteen!

Last week’s hot chips day was a roaring success for the canteen. The students certainly enjoyed the treat, and demonstrated beautiful patience when queuing for their orders.

Digital Stars!

Congratulations to Sarah, Jaydan and Jaydan on their outstanding achievement. The three students created a collaborative Art vs. Science digital video during their excursion to Dorroughby Environmental Centre earlier in the year. There creation was entered in the Northern Rivers competition and they **won first prize** in the Junior Division. A special awards celebration was held at Lismore City Hall over the weekend where Lismore Mayor, Jenny Dowell, presented certificates and prizes. Well done to all three of you on an amazing achievement.

Woolworths earn & learn

Our school is participating in this promotion. Please collect stickers for our school.
Book Week
What a fabulous, fun-filled dress-up day we had last week to celebrate Book Week. A big thumbs up to all of the students and staff who turned up in book character costumes (there were some AMAZING home-made outfits), and a special word of thanks to Mrs McInnes for organising the event.

A science teacher from Kadina High School comes to Lismore Heights each fortnight to conduct science lessons with Year 5 and 6. This week students were blowing air into bubbles which is part of their “States of Matter” unit.
Lismore Heights Public School is a proud member of 'The Rivers P-12'
Students in 1/2R have been studying Torres Strait Islander culture. As part of this topic students made headdresses that will feature in a dance which will be performed at an assembly in Term 4.

PBL Rule of the Week

Treating other people’s property with respect

Please speak to your children about treating other peoples property with respect. Discuss asking before touching property that is not their own.

Thank You for supporting PBL

Canteen Roster

August 31 – Leanne
September 1 – Stacey
September 2 – Stacey
September 3 – Robyn
September 4 – Maree

Water

85% of a child’s body weight is water.

The human brain is 75% water; a living tree is also 75% water.

There is the same amount of water on Earth as there was when the Earth was formed. The water from your tap could contain molecules that dinosaurs drank!

Water regulates the Earth’s temperature. It also regulates the temperatures of the human body, carries nutrients and oxygen to cells, cushions joints, protects organs and tissues, and removes wastes.

Although the average person can live for about one month without food, we can only survive about a week without water.

Drink water: it’s Cool!

Lismore Heights Public School
Mary Poppins
Canteen Menu

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Spaghetti Bolognese</td>
<td>$3.00</td>
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<tr>
<td>Vegetarian Zucchini slice</td>
<td>$2.50</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$4.00</td>
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<tr>
<td>Chicken Mozzarella Pie</td>
<td>$4.00</td>
</tr>
<tr>
<td>Chicken Satay Pie</td>
<td>$4.00</td>
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<tr>
<td>Cauliflower Broccoli Pie</td>
<td>$4.00</td>
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<tr>
<td>Sausage Roll</td>
<td>$4.00</td>
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<tr>
<td>Spinach Roll</td>
<td>$4.00</td>
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Money required at time of ordering

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
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Also available on the night:

- Devonshire Tea – $1.00
- Scones
- Drinks
- Tea & Coffee – $1.50

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