**Principal News**

**SASS Appreciation Week**

This week is SASS staff appreciation week. We would like to say a heartfelt thank you to all of our hardworking support staff at the school. Much of their hard work goes on behind the scenes, but it makes a huge difference to what we are able to achieve at the school. For the invaluable support that you offer on a daily basis to individual students and teachers, the efficient running of the school office and the energy you put into beautifying our lovely school, we say ‘thank you’.

**Athletics Success!**

Congratulations to Lismore Heights Public School students who achieved the top awards at the Zone Athletics Carnival last week. Three of the four most coveted awards were presented to Lismore Heights Public School students: Junior Boys Champion – Brady; Senior Boys Champion – Kynan and Junior Girls Champion – Caitlin. That’s an amazing achievement, and maintains the school’s outstanding sporting reputation.

Congratulations to all students who participated in the North Coast Athletics Carnival (many of whom earned well-deserved ribbons). Three of our students are now eligible to compete at the State Athletics Carnival.

**Calendar**

<table>
<thead>
<tr>
<th>Week 9</th>
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<tr>
<td>7 Sept Assembly – 1/2EB</td>
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<td>10 September Milo cricket comp</td>
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<td>16-18 Sept Coffs Excursion (Year 5/6)</td>
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<td>18 September Last Day of Term</td>
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<td>6 October Term 4 begins for students and staff.</td>
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School Contributions are now due.
One child $50 - Family $70

Caitlin – 1<sup>st</sup> 100m, 1<sup>st</sup> 200m, 2<sup>nd</sup> long jump, 1<sup>st</sup> shot put, 1<sup>st</sup> discuss
Brady - 4<sup>th</sup> 100m, 3<sup>rd</sup> shot put
Kynan – 2<sup>nd</sup> 100m, 2<sup>nd</sup> 200m, 2<sup>nd</sup> 800m, 2<sup>nd</sup> long jump, 3<sup>rd</sup> shot, 2<sup>nd</sup> discuss.
Xanda – 3<sup>rd</sup> 100m, 3<sup>rd</sup> 200m.
Tom – 4<sup>th</sup> 100m, 4<sup>th</sup> 200m.
Jacob – 5<sup>th</sup> 100m, 5<sup>th</sup> 200m, 3<sup>rd</sup> 800m, 2<sup>nd</sup> shot

Due to these wonderful results our school finished 2<sup>nd</sup> in the point score out of all the North Coast Schools.

**Slip – Slop – Slap!**

As the weather warms up, please ensure that your child comes to school with sun screen on and a hat in their bag. Sunnies are also a great idea. Please also remind your child to apply more sun screen throughout the day – this is available under both COLAs at playtimes. Stay safe in the sun!

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of the Bundjalung Nation.

We acknowledge that they are the first peoples of this land on which our school stands.
Head Lice

There have been a small number of cases of head lice at school recently. From time to time this occurs in all schools, and should not cause alarm. Because children work in close proximity in schools and preschools, head lice can spread quite quickly. They spread from person to person by crawling. They do not fly or jump. They do need to be dealt with in a timely manner, as they will not disappear on their own. We suggest at this time that all families inspect their children (regardless of whether or not your child is known to have head lice) in an attempt to identify and clear them up.

Finding head lice:
Head lice are small, wingless insects that are found on the hair itself and move to the scalp to feed. Louse eggs (nits) are laid near the base of the hair and resemble dandruff, but can’t be brushed off. Comb conditioner through the hair, this stuns the lice and makes it difficult for them to cling on to the hair. Comb through the hair with a lice comb several times. Wipe the comb on a tissue looking for lice or nits as you go.

Treating head lice:
If lice or nits are found, use a head lice shampoo or lotion and follow the instructions.

NSW Health advice is to treat the whole family if lice or nits are found. Children may attend school during the treatment period.

For further information visit the NSW Government website:

Staff Handball Competition

The students are thoroughly enjoying the staff’s Friday handball competition. Evidently, some staff place greater emphasis on their appearance than they do on their performance!

Winner was Mr Mason and coming a close second was Mr Scotton.

Canteen Roster
7 September – Leanne
8 September – Stacey
9 September – Jamie
10 September – Rachael
11 September - Maree

Vacation Care
Once again Lismore Heights Vacation Care is open from the 21st September - 2nd October. Highlights include a hip hop workshop, a wildlife visit and a crazy hair day. The program of activities is available from the school office and bookings can be made by contacting Jalyn Paulett OSHC coordinator on 0437 553 057 or emailing lismoreheightsoshc@outlook.com. Thank you.

PBL Rule of the Week

Treating other people’s property with respect

Please speak to your children about treating other peoples property with respect. Discuss asking before touching property that is not their own.

Thank You for supporting PBL